

EARLY CHILDHOOD PROGRAMS

Fall 2025



ADULT AND TOT - GENERAL

JUMPING JELLY BEANS 18mths-3yrs **P**

This 45-minute combo class starts with crafts, songs, and group play. After a snack, we move into the gym with ride-on toys and kindergym activities to let off some steam! Adult/caregiver participation is required.

SAANICH COMMONWEALTH PLACE

[Joanne Van Dyk](#)

146990	F	Nov 7-Dec 12	9:15-10:45am	6/\$67
146992	F	Nov 7-Dec 12	11am-12:30pm	6/\$67

MUCKIN' AND MESSIN' 18mths-3yrs **P**

Why make a mess at home? Join us for painting, gluing, glitter, marble painting, messy play, finger paints and loads of fun. We'll have playtime, circle time, songs and gym time. Adult or caregiver participation required.

SAANICH COMMONWEALTH PLACE

[Michelle Dyas](#)

147083 Tu Nov 4-Dec 16 9:15-10:45am 6/\$67

[Christine Lee](#)

147084W Nov 5-Dec 17 9:30-11am 7/\$78

PLAYTIME COMBO 18mths-3yrs **P**

You and your little one will keep busy with fun activities and creative play. Painting, gluing, puzzles, songs, and a variety of play stations will spark your child's imagination. After snack and circle time, we'll move to the gym with ride-on toys and kindergym activities. Adult or caregiver participation required.

SAANICH COMMONWEALTH PLACE

[Christine Lee](#)

146404M Nov 3-Dec 15 9:30-11am 7/\$78

HOW TO REGISTER

ONLINE at saanich.ca/Recreation

PHONE 250-475-7600

IN PERSON at any of our
4 Recreation Centres



ADULT AND TOT - HEALTH & FITNESS

BABY AND ME CORE AND MORE **P**

A safe core class for you to sculpt and strengthen your abdominals, lower back and glute muscles, with your baby by your side. Babies should not be older than 18mths.

SAANICH COMMONWEALTH PLACE

[Jan Del Mistro](#)

146294Th Nov 6-Dec 18 11:45am-12:30pm 7/\$67

ADULT AND TOT - SPORTS

ACTIVE TOTS - FOUNDATIONS FOR SPORT

18months-3.5yrs **P**

Join our hands-on coaching staff and support your child to develop their gross motor skills. Through games, songs, activity circuits and more, we'll focus on balance, core strength, hand-eye coordination and other movements which are the building blocks required for multiple sports.

ROYAL OAK MIDDLE SCHOOL

145869 Th Sep 18-Oct 30 5-5:30pm 7/\$56

145870 Th Nov 6-Dec 18 5-5:30pm 6/\$48

SOCCER STARS 2-3yrs **P**

Welcome to Little Soccer Champions. This fun, interactive program introduces the basics of soccer in a playful and engaging environment. Our sessions include fun games and exercises focusing on developing coordination, balance, and motor skills through soccer-related play. Our coaches create a supportive atmosphere where kids enjoy physical activity without pressure.

SAANICH COMMONWEALTH PLACE

[Richardson Sport](#)

INDOOR

146784 F Nov 7-Dec 19 10:30-11am 7/\$86

P = PARENT OR CAREGIVER PARTICIPATION REQUIRED

KINDERGYM DROP-IN **P****1-5yrs**

Kindergym is a movement program designed for children and their caregiver to play together. Balls, hoops, ride-on toys, climbers and mats allow children to creatively explore. Staff will lead circle time at the end. Get active together for life. No more than one caregiver per child. \$3.50 per child.

SAANICH COMMONWEALTH PLACE

(Drop-in with swim option straight after kindergym \$6)

1-3YRS

Tu Sep 16-Dec 16 10-10:45am

Th Sep 18-Dec 18 10-10:45am

2-5YRS

Tu Sep 16-Dec 16 9:15-10am

Th Sep 18-Dec 18 9:15-10am

5YRS AND UNDER (NO SWIM OPTION)

Su Sep 21-Dec 14 9:15-10am

CHILDMINDING Up to 10yrs
SAANICH COMMONWEALTH PLACE**Starts September 16**

Tuesday 8:45-11:30am

Wednesday 8:45-11:30am

Thursday 8:45-11:30am

You'll like it – they'll love it! Saanich Commonwealth Place is pleased to provide offer quality childminding care in a safe, friendly and fun environment. We recommend 1 hour and up to 1.5 hours per visit. Not available on stat holidays. Infants to 10 years. Parents/guardians must be on the premises while your child receives care. For more information, please contact Ruth Smith, Preschool Programmer at ruth.smith@saanich.ca

Cost: \$6.15/hr/per child

Third child and subsequent children of the same family are \$3/hr/per child

10 hour card: \$55.50

25 hour card: \$125

EARLY CHILDHOOD - GENERAL**DAYS OF THE DINOSAURS 3-5yrs**

Come with us as we visit the prehistoric time of the dinosaurs, build volcanoes, dig for fossils and hunt for eggs. Discover dragons, castles and princesses! This small group class includes circle time, songs, games, art and time in the gym. Children also gain comfort eating in a classroom environment.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

146792M Sep 15-Oct 27 9:15-11:15am 6/\$90

DRESS UP, DRAMA AND MAKE BELIEVE 3-5yrs

Let your imagination soar in this class. Through dramatic play centres and storytelling we will pretend to go on adventures each week. We will create open ended crafts and incorporate expression through movement. Gym time is included.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

147336 W Nov 5-Dec 17 11:45am-1:45pm 7/\$105

FUNTASTIC FRIDAYS 3-5yrs

End the week with a whole lot of FUN! Learn about dinosaurs, play group games, enjoy ooey gooey messy play, and more. We'll have gym time with our popular ride-on toys and climbing equipment.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

146400F Nov 7-Dec 12 9:15-11:15am 6/\$90

HAPPY HANDS, HAPPY MINDS 3-5yrs

This small group program encourages young ones' creativity and learning. Children enjoy painting, art projects, show-and-tell and circle time. Yoga, creative dance and gym time keep kids active, too!

SAANICH COMMONWEALTH PLACE

Diane Holmes

146983Tu Nov 4-Dec 16 9:15-11:15am 6/\$90

MAGIC OF SCIENCE 3-5yrs

Great for the child that loves to ask why. Why do objects sink or float? Who paints rainbows in the sky? Our staff will perform experiments while the kids discover the magic of science. This class is complete with circle time, songs, games, artwork and time in the gym.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

147098T Nov 4-Dec 16 10:30am-12:30pm 6/\$90

HOW TO REGISTER

ONLINE at Saanich.ca/Recreation

PHONE 250-475-7600

IN PERSON at any of our
4 Recreation Centres



PARKS, RECREATION
& COMMUNITY SERVICES

P = PARENT OR CAREGIVER PARTICIPATION REQUIRED

MORNING DELIGHT 3-5yrs

Preschoolers explore different activities each week in this delightful small group class. Program leader Janet introduces science experiments, creative movement, yoga, music, crafts and messy play. Kids also stay active with gym time.

SAANICH COMMONWEALTH PLACE

Janet Mulhall

147104 W Nov 5-Dec 17 9:15-11:15am 7/\$105

OUTER SPACE ADVENTURES 3-5yrs

Take off on the adventure of a lifetime as we launch our imaginations into outer space and discover rocket ships, gravity and astronauts. Play space-themed games during circle time, and enjoy stories and artmaking.

The atmosphere of play and learning is out of this world!

SAANICH COMMONWEALTH PLACE

Michelle Dyas

147109 Th Nov 6-Dec 18 9:15-11:15am 7/\$105

RECIPE FOR SUCCESS 3-5yrs

Get ready for fun while you learn, create, and explore using quick and easy recipes. We will mix, measure, pour, and more. The best part? You eat what you create! This small group class also enjoys crafts, songs, and gym time with our popular ride-on toys and climbing equipment.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

146780Th Nov 6-Dec 18 12:15-2:15pm 7/\$121

STEPPING UP TO PRESCHOOL 2.5-4yrs

This transitional program is the perfect stepping stone to preschool. In the classroom, children learn to stay with the instructor for crafts, free time, stories and circle time; then Adults join the class for snacks and kindergym activities

SAANICH COMMONWEALTH PLACE

Michelle Dyas

147116 W Nov 5-Dec 17 9:30-11:30am 7/\$105

Christine Lee

147117Th Nov 6-Dec 18 9:30-11:30am 7/\$105

SOCCER - ME AND MY COACH - INDOORS 3-5yrs

Welcome to Future Soccer Champions! Our dynamic class is designed to supercharge gross motor skills and boost physical literacy through engaging games and hands-on exercises. Our coaches prioritize fun over competition which cultivates a lifelong love for soccer.

SAANICH COMMONWEALTH PLACE

Richardson Sport

146782 F Nov 7-Dec 19 11-11:45am 7/\$102

SOCIAL - EVENTS

GRANDPARENT AND ME AND THE XMAS TREE 3-5yrs P

Come together for some festive fun! Create a tree ornament, sing holiday songs, enjoy a cup of tea and decorate cookies. Price includes one grandparent or guardian and one child.

SAANICH COMMONWEALTH PLACE

Tiffany Kidder and Jo Van Dyk

146793 Su Dec 14 10:15am-12:15pm \$40

146982 Su Dec 14 1-3pm \$40

STORYTIME WITH SANTA 2-8yrs P

Bring your family to spend a fun-filled morning with Santa and his helpers at Saanich Commonwealth Place. Gather around Santa's chair and hear a classic Christmas tale read by the jolly man himself. Children will meet him personally to share their wishes and dreams. Then enjoy some cookies and milk with the big guy and create your own Christmas Craft. Remember your camera! Registration is per child. Adult supervision required.

SAANICH COMMONWEALTH PLACE

146085 Sa Dec 13 9:30-10:45am \$30

146086 Sa Dec 13 11am-12:15pm \$30

146087 Sa Dec 13 12:45-2pm \$30

EARLY CHILDHOOD - SPORTS

ACTIVE PRESCHOOLERS - FOUNDATIONS FOR SPORT 3-5yrs

Through games, songs, activity circuits and more, we'll have your preschooler moving, playing and having fun! Our focus will be on balance, core strength, hand-eye coordination, and other gross motor movements, which are the building blocks required for multiple sports.

ROYAL OAK MIDDLE SCHOOL

146109 Th Nov 6-Dec 18 5:45-6:30pm 6/\$66

**Preschool Registration Open! Full-year,
nature based programs for
preschoolers, September 2025–26**



KIDDIE CAPERS FOREST CLASSROOM 3-5yrs

Join our 10-month play-based program in the Friendly Forest for children aged 3-5, a perfect place to help children learn and grow while developing a deep connection to the natural world. Led by Tammy Williams, who brings 15 years of Preschool experience and 5 years of specialization in Nature Preschool, your child will thrive in our intentionally designed outdoor classroom, where nature itself becomes both teacher and playground. Young children learn through play and exploration, so we prioritize child-led activities in our intentionally designed outdoor classroom, where educators provide gentle guidance to foster social skills and independence. Each day begins with circle time, featuring stories, songs, counting and letter work. Teacher-led activities focus on art, science, and games to develop fine and gross motor skills, complemented by field trips and nature walks to instill an appreciation for our environment. Children must register for at least two days a week and must be 3 years old by October 31, 2025.

In-person registration only.

SAANICH COMMONWEALTH PLACE

[Tammy Williams](#), [Jo Van Dyk](#), [Christie Lee](#), [Tiffany Kidder](#)

132019	M	Sep 8-Jun 15	9am-1pm	\$122/month Waitlist only
132025	Tu	Sep 9-Jun 16	9am-1pm	\$122/month Waitlist only
132026	W	Sep 10-Jun 17	9am-1pm	\$122/month Waitlist only
132027	Th	Sep 11-Jun 18	9am-1pm	\$122/month Waitlist only
132028	Fri	Sep 12-Jun 12	9am-1pm	\$122/month Waitlist only

REDUCED HOUR OPTION

132029	Tu	Sep 9-Jun 18	9-11:30am	\$77/month Waitlist only
132030	Th	Sep 11-Jun 11	9-11:30am	\$77/month Waitlist only

Call Ruth Smith - Pre-School Programmer at 250-475-7603 for more information
Registration for September 2026—June 2027 Starts February 7th in person only

